# **CML** Journey

2014-2020 Methodology

Round	Achieved sample size	Starting month	Ending month	Type of tool used
R12	15687	Oct-20	Dec-20	Digital CAPI
R11	15687	Sep-19	Nov-19	Digital CAPI
R10	15687	Sep-18	Nov-18	Digital CAPI
R9	15687	Sep-17	Dec-17	Digital CAPI
R8	15687	Oct-16	Jan-17	Digital CAPI
R7	15687	Sep-15	Dec-15	Paper based
R6	15687	May-14	Sep-14	Paper based
-				

# **Mothers of children aged: Districts covered in Household** Survey 0-2 months 534 blocks across 38 districts 3-5 months 15,687 sample size/age 6-8 months group 9-11 months **78,435** respondents 12-23 months

Coverage

#### Sampling / Program reach

- Mixed (population-based and LQAS) sampling methodology
- Proportional cluster random sampling at Aanganwadi level followed by a systematic component at individual level (using a random start)
- To evaluate block-level program performance (ROC\*curve based Pass/Fail), state & district level point estimates and change in estimates for all RMNCH+A indicators
- Primary data collected in all 534 blocks across all 38 districts
- Data quality assurance through:
  - Logic Check
  - Spot Check
  - Back Check

Audio verification (physical file & meta data)

Alpha (Type-I) error	5%
Beta (Type-II) error (1 - Statistical Power)	20%
Absolute precision	5%

# **Comprehensive Facility Assessment**

Modules of facility Assessment		Scope of Assessment			
HR		Availability (Positions sanctioned, filled, vacant, deputation in and out, contractual staff) of Specialist doctors, Medical Officers, Staff Nurse, ANMs, OT assistants & Lab technicians)			
Labor Room					
<b>Operation Theatre</b>		Infrastructure, Supplies (drugs, consumables and equipment), Infection Control, Review of Records .			
Maternity Ward		Infrastructure, Supplies (drugs, consumables and equipment), Infection Control, Review of Records .			
Drug Store		Infrastructure, Supplies (drugs, consumables), Infection Control, Records, Inventory management practices			
Laboratory		Supplies (Kits, Reagents, Equipment), Service provision (types of lab tests done)			
Ambulance		Availability and service provision (trips, distance travelled)			
Condemned Article		Location, type and floor area of condemned articles			
Bio-medical Waste  Management	Collection, Segregation, and Disposal (outsourced agency and manual disposal)				
		Care & Counselling provided to recently delivered mother & newborn at Post Natal Ward before discharge			



#### **Objectives**

To understand the gaps in the inputs in health facilities that are hampering their readiness for service delivery (maternal and newborn care).

#### Methodology

- It is a cross sectional quantitative study conducted through structured questionnaire which was pilot tested and validated.
- Trained BMLEs collected data from each facility over the period of around 2-6 man days.

#### **Supplies**



**Maternal Care** 

**Neonatal Health** 

Child Health

**Family Planning** 

#### Infrastructure



**Labor Room** 

New Born Care Corner

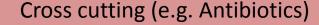
#### **Human Resource**



Staff Nurse (ANM + GNM)

**Medical Officer** 

Specialist (Obstetrician,
Pediatrician, General
Surgeon & Anesthesiologist)

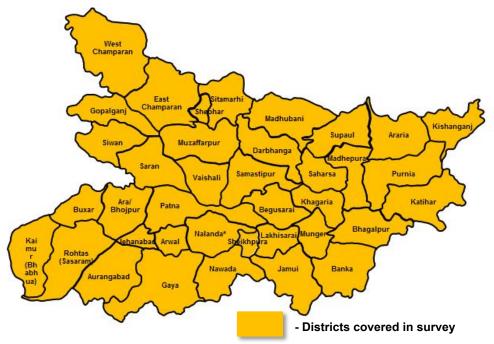


Reproducti	☐ Objective: To understand, intent and practice among Married Women of Reproductive Age (MWRA) across four key areas, namely: Family Planning, Social recognition, Mental health & Dietary diversity.			
	Study design	Sampling Strategy		
	al study in which household he across all 38 districts of	□PSU is block, SSU is AWC in rural areas/ward in urban area and TSU is structure		
	ng a structured	15 blocks per district are chosen and the 120 SSUs are equally distributed among these 5 blocks.		
☐All the intervious data collector	· · · · · · · · · · · · · · · · · · ·	Trom each SSU, 5 respondents (MWRA)  are selected using systematic sampling		
☐ The key informants are married women in ☐ Total sample size = 22800 (600 per the age group of 15-49 years. district)				

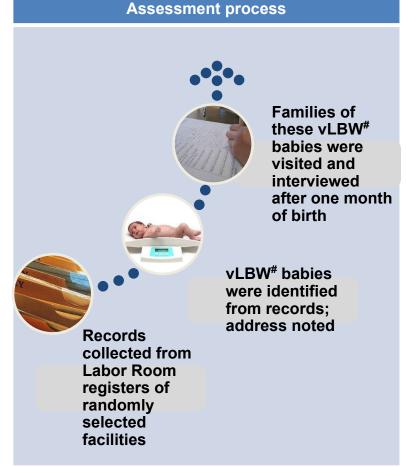


#### Very Low Birth Weight (vLBW) Study

- Intervention: Tracking was done to improve (i) identification of vLBW babies born in public facilities (ii) extra, immediate post-natal care practices.
- Study objective: To assess the intervention and track progress over time.



Parameter	Round 1	Round 2
Reference period	Feb – Apr 15	Sept – Oct 15
Count of facilities	178	178
Count of respondents	1408	1664



<sup>\*</sup>very low-birth weight (vLBW) is taken as a birth weight of an infant of less than or equal to 2 kg.



# **Labor room Register Study - Objective and Methodology**



The objectives of this study was:

To understand the erosion caused in key MNCH indicators due to service disruption caused during Pandemic

#### **Methodology-Part 1(CML Data collection)**

- To understand the trend of delivery outcome and complication identification a birth outcome checklist was
  designed to capture the trend of critical indicators over time from Jan-Jun 2020.
- The data collection was done in digital CAPI using Survey CTO platform.
- The field data collectors BMLEs after meticulous training collected the information from 552 functional facilities pan Bihar.

#### **Methodology-Part 2(HMIS)**

- Additionally, a mapping exercise was done from the secondary data HMIS to understand the trend of key indicators over the period of Jan-June 2019 and Jan-Jun 2020.
- The findings from both the exercise were pooled together to understand the MNCH scenario during pandemic



## **Study objective and Evaluation components**

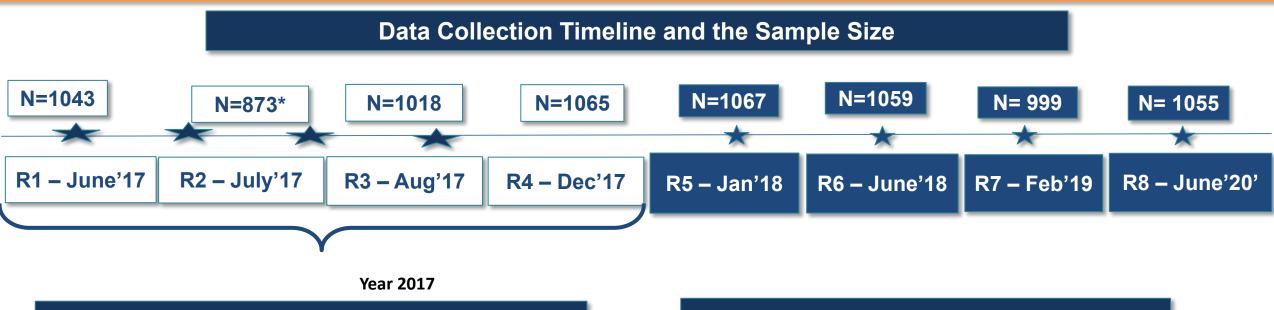
- ✓ To understand the status of service provision and essential supplies at Arogya Diwas platform
- ✓ Components of evaluation included:
  - Infrastructure
  - Availability of supplies and equipment
  - Utilization of drugs and FP products
  - Footfall measurement
  - Counselling services
  - Referral services
  - Safety practices during pandemic

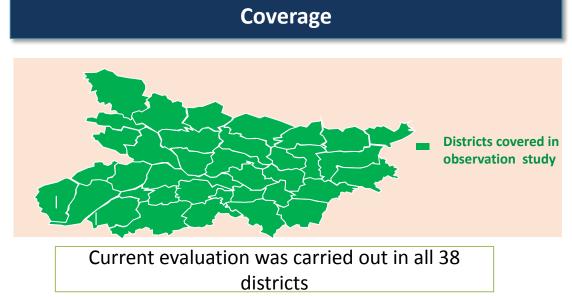
## Methodology

- Block-wise micro-plan were collected in each district and they were compiled at the district office
- 2. Two Arogya diwas sites were randomly selected per block for the observations to be conducted on Wednesday and Friday from the micro plan
- 3. The observational data was collected using a structured tool.



# Aragya Diwas Evaluation – (2/2)





# **Data Quality Assurance**

- ♦ 15% spot checks
- ❖ Validation in CAPI module
- Data quality and logical errors check



# **Evaluation description AMANAT CEMONC**

- Direct Observation of Delivery (DOD) comprising of passive observation of the delivery process by the Nurse Mentor Supervisor (NMS) at the mentored CEmONC facilities on selected days during the week(s) of mentoring.
- A standardized digital tool is administered via android tablets by the NMS. Information related to key delivery practices that are covered in different modules of nurse mentoring (including delivery practices, handwashing, assessment of vital, neonatal care practices, infection control etc.) are captured using the tool. The tool was drafted in consultation with the Capacity Building team.
- ✓ In each CEMONC facility, the CEMONC Mentor would observe one delivery anytime during the mentoring week.
- ✓ The current presentation includes findings from two different phases of AMANAT JYOTI and AJ Phase-2 nurse mentoring in Bihar

# **Data collection Strategy**

#### **AMANAT JYOTI Phase 2**

#### **Direct Observation of Delivery**

In facilities where AMANAT JYOTI follow up (36) or AMANAT Jyoti (36) modules has been planned to be rolled out ,NMS has been instructed to collect 1 **DOD/facility** on the first day of their visit irrespective of it being a mentoring or a follow up visit.

#### **Data collection Profile**

Total Admission- 1157
Direct admission-1068
Refer in admission- 89
Total vaginal delivery-1013
Total complication- 254 (Before delivery)

#### **Phases of Assessment**

- \* AJ BASELINE (Sep to Dec 2018)
- \* AJ ENDLINE (Oct to Dec 2019)
- \* AJ Phase2 Baseline (May to July 2020)



# **Evaluation description AMANAT BEMONC**

- Direct Observation of Delivery (DOD) comprising of passive observation of the delivery process by the Nurse Mentor Supervisor (NMS) at the mentored BEmONC facilities on selected days during the week(s) of mentoring. A standardized digital tool is administered via android tablets by the NMS. Information related to key delivery practices that are covered in different modules of nurse mentoring (including delivery practices, handwashing, assessment of vital, neonatal care practices, infection control etc.) are captured using the tool. The tool was drafted in consultation with the Capacity Building team.
- In each BEMONC facility, the Nurse Mentor Supervisor (NMS) would observe <u>one delivery</u> anytime during the mentoring week.
- The current presentation includes findings from two different phases of AMANAT JYOTI and AJ Phase-2 nurse mentoring in Bihar

# **Data collection Strategy**

#### **AMANAT JYOTI Phase 2**

#### **Direct Observation of Delivery**

In facilities where AMANAT JYOTI follow up (361) or AMANAT Jyoti (47) modules has been planned to be rolled out ,NMS has been instructed to collect 1 **DOD/facility** on the first day of their visit irrespective of it being a mentoring or a follow up visit.

#### **Data collection Profile**

Total Admission- 1415
Direct admission-1414
Refer in admission- 1
Total vaginal delivery-1388
Total complication- 87 (Before delivery

#### **Phases of Assessment**

- \* AJ BASELINE (May to Dec 2018)
- \* AJ ENDLINE (Oct to Dec 2019)
- \* AJ Phase2 Baseline (May to July 2020)



# **Complication Story**

# **Evaluation methodology**

# Complication story

# AMANAT<sup>1</sup> (33 districts)

# AMANAT- B (buniyadi)

- BEmONC<sup>2</sup> facilities
- 2015 2017 (4 phases)
- 319 PHCs<sup>3</sup>/CHCs<sup>4</sup>/FRUs<sup>5</sup>

# AMANAT-V (vyapak)

- CEmONC<sup>7</sup> facilities
- 2015 2018 (5 phases)
- 22 DH<sup>8</sup>, 1 Medical College

2762 ANMs<sup>6</sup>
482 Grade A nurses

195 Doctors

277 Nurses

# AMANAT<sup>1</sup> – Jyoti (38 districts)

### **BEMONC**

- 2018 2019
- 319 PHCs<sup>3</sup>/CHCs<sup>4</sup>/FRUs<sup>5</sup>

# 53 Nurse mentors293 Mentees

### **CEMONC**

- 2018 **–** 2019
- 32 District hospitals

# 668 Nurse mentors 2806 Mentees

#### **AMANAT**

- ✓ A cross-sectional data collection methodology was adopted to evaluate the clinical practices using direct observation of delivery (DOD)
- ✔ Baseline and End-line were conducted before and after the mentoring intervention
- ✓ Bias was minimized by swapping the Nurse Mentors at the time

# Complication management assessment 'ell

✓ To understand the occurrence, management of the maternal and neonatal complications, DOD<sup>9</sup> were conducted in 10 DHs<sup>8</sup> by independent assessors from April 2015 to April 2017

## **AMANAT- Jyoti**

- ✓ DOD<sup>9</sup> by the Nurse Mentor Supervisor (NMS)
- ✓ A standardized digital tool to measure the key delivery practices is administered via android tablets by the NMS<sup>10</sup>.
- ✓ In each BEmONC<sup>2</sup> facility, the NMSs<sup>10</sup> observed one delivery anytime during the mentoring week while CEmONC<sup>7</sup> mentor observed two deliveries during their visits to each DH<sup>8</sup> (lasting

<sup>&</sup>lt;sup>1</sup> Apatkalin Matrutva evam Navjat Tatparta; <sup>2</sup> Basic emergency obstetric and newborn care; <sup>3</sup> Primary Health Centre; <sup>4</sup> Community **Plan** Quantity Ori **W.O.** Unit; <sup>6</sup> Auxiliary Nurse Midwife; <sup>7</sup> Comprehensive emergency obstetric and newborn care; <sup>8</sup> District hospital; <sup>9</sup> Direct observation of delivery; <sup>10</sup> Nurse Mentor Supervisor

# ANC Clinic PMSMA - Objectives and Methodology (1/2)





#### **Objectives**

- ✓ To assess delivery of different ANC components during PMSMA clinics
- ✓ To estimate the capacity of the clinics in identifying the <u>high-risk pregnancies</u>
- ✓ To understand the flow of client movement in PMSMA clinics

### Components of evaluation & tools used

- The evaluation was conducted using two pre-tested questionnaires which were designed according to the PMSMA guidelines and project requirements.
  - Questionnaire 1 collected data on the following elements (either from the available records or through observation):
    - Service delivery related details of the ANC clinics conducted in the three months preceding the data collection e.g. count of client registrations and different types of lab tests conducted
    - Flow of client movement followed in the ANC Clinic on the day of observation.
  - Questionnaire 2 captured the following information through Client Interviews:
    - Client's sociodemographic details, pregnancy and present/past illness
    - The OPD and laboratory services (prescribed/conducted) delivered in ANC clinic including delivery of test reports
  - The investigators (CARE's Block MLE coordinators or BMLEs) underwent rigorous training to ensure standardization of data collection across the sampled study sites.



# ANC Clinic PMSMA - Objectives and Methodology (2/2)



## **Operationalization & Data Collection**



- Based on the current strength and posting of the BMLE cadre (296 in total), 296 block level facilities, out of 516 'functional' block level facilities, were selected. Block level facilities included all types of 24\*7 functional facilities (PHC, CHC, RH & SDH) below district hospitals.
- At the chosen facilities, the assessment was carried out on the scheduled date of PMSMA ANC Clinic in the month of Aug'2020
- Record-based information were captured for the three months (May, June, July 2020) prior to assessment.
- For client interview, 10 individuals were chosen using systematic sampling from the line-list of registered clients.
   Using a random starting point between 0 and 10 (allocated to each investigator), every 10th individual listed in
   the register was selected for interview. If the footfall in PMSMA clinic during the previous three months were
   below 100, then an interval of 5 (i.e. every 5<sup>th</sup> client was selected) was used for systematic sampling.
- In each district, random spot-checks were conducted by the District MLE Officers and Data Quality Monitoring Coordinators to ensure data quality.



#### **Client Interview**

 Selected clients were subjected to in-person interviews at the time of exit (or after all prescribed tests have been conducted).



### **Blood Bank Assessment**

#### **Operationalization**

- The assessment was carried out by trained nurses, from BTSP's Concurrent Measurement and Learning (CML) unit and State Resource Unit (SRU), having expertise in facility based data collection.
- The nurses (designated as Clinical Assessment Facilitator and Clinical Training Expert) underwent systematic training on data collection by experts from internal team, officials from Bihar State AIDS Control Society (BSACS) and officials from State Health Society (SHS).
- Up to 2 working days were taken to complete the assessment of each Blood Bank.
- Data collection was conducted using tablets in a custom-made ODK platform, to improve the quality of the assess.

#### Assessment methods consisted of:

- ✓ Direct observation of infrastructure
- ✓ Availability and functionality of various equipment & supplies (drugs, consumables) in all functional areas\*
- ✓ Assessment of available human resources through interview with the hospital staff and validated through sanction letters.
- ✔ Availability of Records and SOPs
- ✓ Assessment of Infection Control infrastructure and practices

\*If designated rooms for each function were not available, then functional area were defined in terms of availability of essential equipment/amenities/supplies



# Continuous Quality Improvement (CQI) - 1/2 - Background & Objective

Collaborative Quality Improvement (CQI) was implemented by CARE India in 10 districts of Bihar, in partnership with IHI, supported by GoB to improve quality of maternal and newborn care.



The objective assessment was to understand

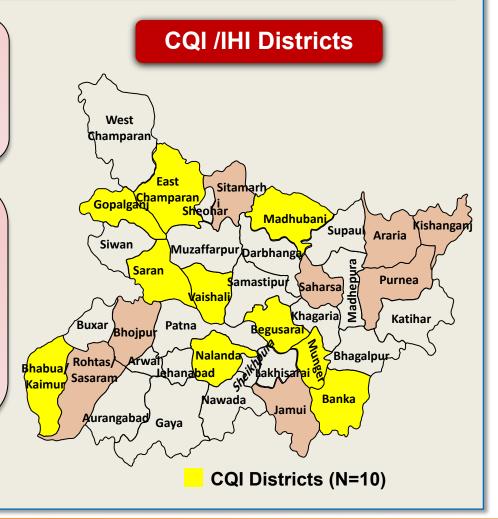
What were the potential influencers of the change?

✓ What caused the change to happen?

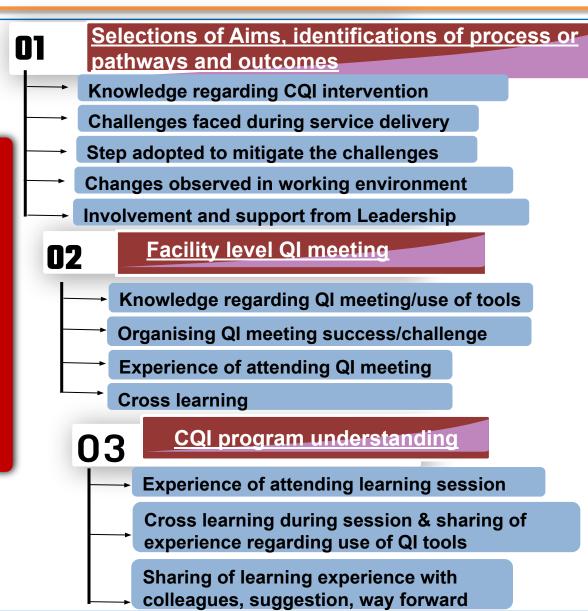
✓ What could/could not be translated into practice?

✓ What were the facilitators/barriers to change?

- ✓ The guideline of the IDI was made in consultation with experts in the field.
- ✓ The list of participants who attended CQI sessions organized by CARE-IHI were obtained and interviews were conducted with members who played critical role in implementation.
- CML CAFs were given 2 days orientation on conducting IDI
- ✓ The interviews were conducted by CAFs followed by transcription and post coded/analyzed using ATLAS.ti.









**Profile** 

Respondent's

#### **Category-District Superintendent**

- ✓ In total 7 district superintendent were interviewed(IDI).
- ✓ Experience-Huge variation ranged from 6 months to 14 years
- ✓ Majority of DS confirmed attending 4-5 CQI session



#### **Category-HOSPITAL MANAGER**

- In total 10 Hospital manager were interviewed(IDI).
- Experience-Most of HMs had 7-10 years of work
- Majority of HM confirmed attending all CQI learning session



#### **Category-STAFF NURSE**

(SN were selected based on recommendation from SRU team)

- ✓ In total 10 Staff nurses were interviewed
- Experience-Huge variation ranged from 6 to 11 years
- ✓ Only 2 SN reported to attend 4-5 session while majority of nurses attended 2 or less



# Objectives of the study were to understand & assess the-

- ✓ Participants' attendance & regular process of the ANM meeting
- Availability of planned learning agenda with clearly defined outputs
- ✓ Discussion on FPLMIS, e-aushadhi & AVD green channel during the meeting
- Skill building sessions take place during the meeting
- ✓ Participation of different system supervisors\* in the meeting

# Methodology-

- ✓ A total of 300 facilities (1 facility/block) were visited across the Bihar (based on the micro plan received from Block health officials)
- ✓ In 43 blocks, ANM meeting was not organized as per the micro plan
- In 257 blocks, ANM meeting was organized as per the micro plan and observed by the data collectors
- ☐ To ensure data quality,15%

  Spot checks were conducted by respective District

  Quality Monitoring

  Coordinators

Timeline	Sample Size		
Dec' 2018	443		
Jan' 2018	468		
March' 2017	235		
Sep'2020	257		

<sup>\*</sup> MOIC, BHM, MO, LS, BAM, MnEO, BM-Care and other BRG members include participants from UNICEF, WHO and development partners

#### **Intervention design:**

- Christened as "Arogya diwas green channel" The intervention aimed to streamline and strengthen the availability and distribution of VHSND commodities at the session site through Alternate vaccine delivery (AVD) system.
- ❖ The intervention pilot was implemented in 2 blocks of Patna district Bikram and Dulhin Bazaar.

#### **Objective of AVD pre-post assessment:**

- To understand the impact of AVD intervention on supply of IFA to beneficiaries
- To estimate the distribution and utilization of IFA to pregnant & lactating women in the 2 pilot blocks.

**Sample size**: 313 pregnant women (in 3<sup>rd</sup> trimester) and 209 lactating mother with child aged <6m

**Date of observation**: 16<sup>th</sup> to 20<sup>th</sup> March, 2020

#### **Methodology:**

Study design:

- 104 AWCs were randomly selected from 2 block of Patna (52/block) – Bikram and Dulhin Bazar
- List of beneficiaries available with AWW was used as sampling frame for beneficiary selection
- From ASHA/AWW's line-list, details of pregnant & lactating women were obtained
- A random number table was used to select 3 pregnant and 2 lactating women were selected
- A structured computer-assisted personal interviewing (CAPI) module was used for data collection using android tablets.

# **Last Mile Study - Methodology - Sampling strategy**

#### Sampling design:

- Multistage cluster sampling
- State-wide representative sample from all 534 blocks across 38 districts



Two Health sub-centers (HSCs) were selected using cluster random sampling from each of the 534 blocks in Bihar











From each of the selected **HSCs**, one AWC catchment area was chosen using simple random sampling



- 1) The ANM serving the HSC (if >1 ANM, then 1 was selected purposively)
- 2) The designated AWW of the sampled AWC
- 3) The ASHA providing service in the selected AWC catchment area\*

#### B. <u>Beneficiary component</u>: Interviews with 3 types of beneficiaries from same catchment area

- List of beneficiaries available with ASHA/AWW was used as sampling frame for beneficiary selection
- From ASHA's line-list, 2 beneficiaries belonging to each of the 3 following types of were interviewed residing in the catchment area was compiled, while from the line list of AWW, 2 pregnant & 2 lactating women were interviewed
- A random number table was used to select the beneficiaries from respective line-lists

Types of interviewed beneficiaries

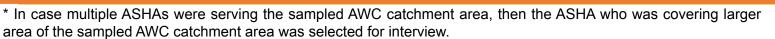


**Pregnant** women







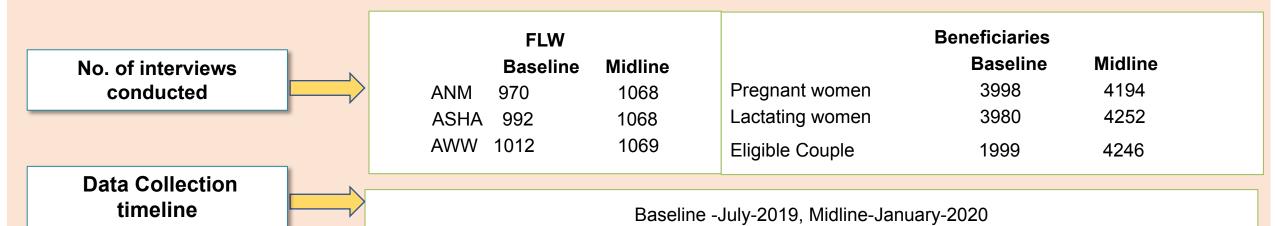




# **Objectives**

 To assess the status of supply and availability of IFA tablets and FP commodities at the level of Frontline workers

- To determine the coverage of FLW-provided IFA tablets and FP commodities among different groups of beneficiaries
- To understand the usual source of IFA tablets & FP commodities received by ASHA & AWW workers
- To determine the inter-relationship between receipt and distribution of IFA tablets and FP commodities at the
  FLW level and triangulation of FLW reported distribution with that of the beneficiaries residing in the
  catchment area of the FLWs



# **Prism of Planning - Study Methodology**

- A mixed-method multidimensional study carried out to collect quantitative and qualitative data concurrently, analysed the two data sets separately and mix the two databases by merging the results during interpretation (and sometimes during data analysis). The purposes of deploying convergent design are to obtain a more complete understanding from two databases, corroborate results from different methods, and to compare multiple levels within a system.
- The study instruments are open-ended semi-structured qualitative design using in-person in-depth interview and the rationale being an attempt to capture:
  - o to capture more information at one go
  - o to deploy easier facilitation
  - o to have a more nuanced discussion
  - o for better efficiency and better participation.
- Based on the target population and logistic situation on ground a classic FGD may not be planned always, also no standalone process is conceptualized classically.
- Logistic issues may sometime reduce the group into individual (like difficulty to have more than one district participants gathered at the same place etc.).

# Prism of Planning - Study Size Determination (2/3)

	Total Sample Size			
Stakeholders by Cadre		Est.	Ach.	%
	ASHA	50	49	98%
	ASHA Facilitator	25	25	100%
	AWW	50	50	100%
	<b>ICDS Lady Supervisor</b>	25	25	100%
SEGMENT I:	CDPO	25	20	80%
OUTREACH	ANM	50	50	100%
	BCM	25	25	100%
	Immunisation IC	25	25	100%
	<b>Medical Officer IC</b>	25	25	100%
	Total	300	294	98%
	ANM - Facility	100	100	100%
SEGMENT II:	HM/BHM	<b>50</b>	47	94%
FACILITY	MOIC/MO – Facility	50	50	100%
	Total	200	197	99%
SEGMENT III: PROCESS	VHSND	1068	1068	100%
OBSERVATION	Anganwadi Checklist	1068	1048	98%

#### **OUTREACH:**

In each quintile 60 interviews are targeted across the stakeholders/cadres which has a mix of 10 ASHAs, 5 ASHA Facilitators, 10 AWWs, 5 LSs, 5 CDPOs, 10 ANMs, 5 BCMs, 5 IICs and, 5 MOICs to meet out the desired samples from 100 blocks (20 blocks in each quintile) across districts in Bihar

#### **FACILITY**

About 10 facilities are being selected from each quintile. Therefore, a total of 50 facilities chosen from different blocks across districts in Bihar. From these sampled facilities, 2 ANMs/GNM, 1 HM/BHM, and 1 MOIC targeted to meet out the desired samples.

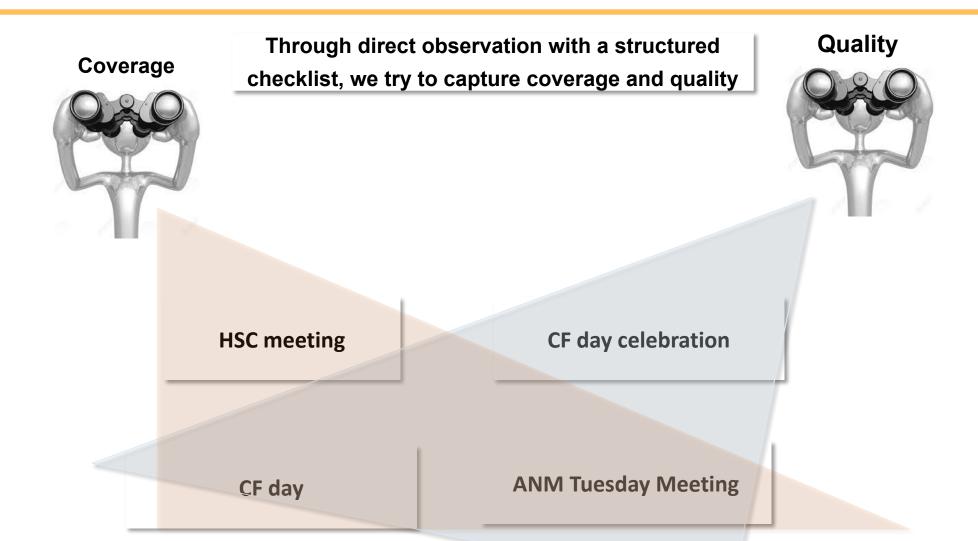
#### PROCESS OBSERVATION

Out of 534 blocks in Bihar in each 2 VHSND sessions which means a total of 1068 (534\*2) process observations conducted.

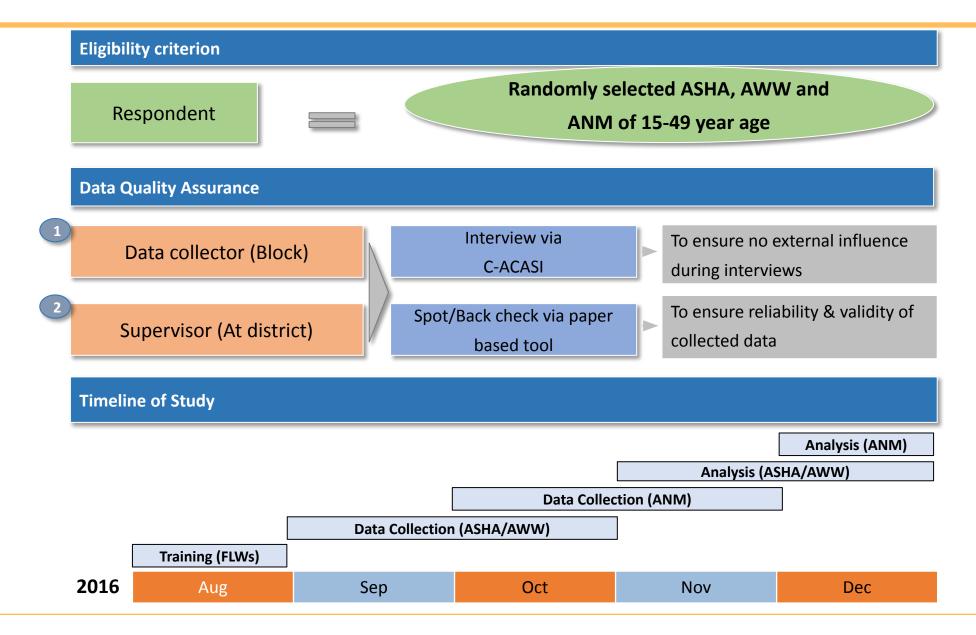


# Prism of Planning - Mode of Data Collection (3/3)

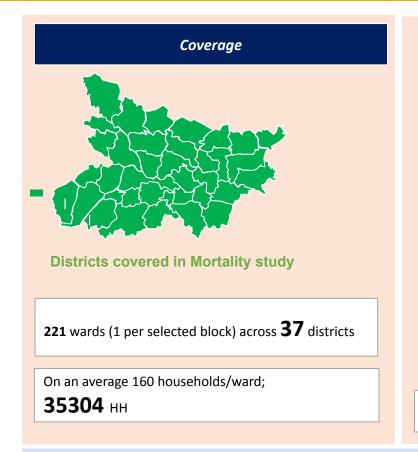
- Considering the present situation, all the enumerators were onboard remotely through Android devices for data collection with a simple hyperlink (shared via SMS, WhatsApp, or other means) or QR code to them in getting the app installed and configured and also the training on survey instruments were conducted remotely.
- Remote accompaniment and supervision were deployed to ensure robust quality-control processes. In addition
  to configuring survey forms to audio-record (A digitally empowered, audio component with probing to capture
  discussion summary and un-prompted post-coding of systemic components in real-time) all interviews for
  later review, those same forms will be configured to call supervisors or monitors before interviews begin with
  following real-time simultaneously administered components enabled with digital data capture and
  monitoring.
- The remote accompanier will **share comments and advice before and after the interview**, listening in on speakerphone during the interview itself (and intervening as appropriate).
- The mechanism of assessment will execute a hybrid model of easy and real-time triangulation of qualitative and quantitative, in-person and remote data capture to generate insights through multidimensional approach collating individual and systemic, personal & group, perceptions, and observations-based problem and solution exploration



#### **C-ACASI based FLW Study**



# **Assessment of Infant/Neonatal Mortality**



#### Minimum Sample Size Required

- Approximate NMR was taken as 32/1,000 live births\*
- Relative precision was set at ±20%,
- Type-I error or α was taken as 0.05
- Type-II error or β was considered 0.2 (power=0.8)
- Design effect (for potential clustering) = 1.5

Required sample size: **10,024 live births** 

- •Crude birth rate in Bihar is 28/1000 population per year\*\*.
- Average population/ Ward = ~2000
- •Live Births during previous 2 years i.e. approximately 112 (=28\*2\*2) live births in each Ward area
- •Thus, estimated no. of wards to be selected was:

10,024/112 = ~90

In order to account for lack of access (closed door, refusal etc.), it was decided to sample twice this number. Moreover, as the avg. no. of HHs in the surveyed wards was lower than expected, another ~25% additional wards were selected.

Thus, the final no. of wards to be selected were:

90\*2\*1.25 = <mark>225</mark>

